**CENTRAL ENGLAND SOUTH - pre Blacks- TRAINING – April 2025**

1. SATURDAY 8TH MARCH .

Portway lifestyle centre

                       Newbury lane.

                      Oldbury  B69 1HE.

1. SATURDAY 15TH MARCH

Portway lifestyle centre

                       Newbury lane.

                      Oldbury  B69 1HE.

1. SATURDAY 29TH MARCH + Star grades

   Portway. lifestyle centre

                      Newbury lane.

                     Oldbury B69 1HE.

**All sessions are :-**

1st & 2nd Kups   9.30am – 11am

Black belts.     11am-12.30am

All paperwork to be handed in on first session

Only white doboks to be worn.

EVERYONE not taking the grading (including Instructors) will need to pay £10 each at the session. Card payment machines WILL NOT be available for this.

Regards

GM Donnelly

donnellypaul@btinternet.com